



Contact: Keri Clifton
Phone: 651-645-5323 ext. 1168
Email: Keri.Clifton@emilyprogram.com

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THE EMILY PROGRAM OPENS 24/7 RESIDENTIAL TREATMENT IN CLEVELAND, OHIO

Nationally prominent Eating Disorder Treatment Center welcome clients in first of its kind 24/7 treatment in Ohio

Cleveland Heights, OH – June 23, 2015 —The Emily Program - a nationally recognized eating disorder treatment center - announced the opening of a new 24/7 residential treatment facility in Cleveland Heights, OH. This is its 3rd residential program across the country, with two additional locations in Saint Paul, Minnesota. The Emily Program - Residential provides a clinically robust set of evidence-based group and individual interventions addressing core eating disorder behaviors and cognitions.

“We are excited to expand our unique services in Cleveland and be a part of this strong medical community.” states Mark Warren, Chief Medical Officer at The Emily Program, “We’ve been planning this for a year and are thrilled to now offer our patients all levels of care. Being able to provide the level of care that matches the severity of illness benefits individuals because they are able to become medically and physically stable quicker than outpatient services alone.”

Appropriate care decreases health care costs by approximately 30%, compared to individuals in need of, but unable to access, residential care and avoids ineffective, high cost hospitalizations with limited efficacy in addressing eating disorder core symptoms. Recent estimates show that more than 390,000 people in Ohio suffer from varying types of issues – including anorexia, bulimia, and binge eating disorder. “There was a need for more services than were currently available,” says Jillian Lampert, Ph.D., M.P.H., R.D., L.D., F.A.E.D. and Chief Strategy Officer at The Emily Program. “The Emily Program – Residential fills the gap of around-the-clock treatment that wasn’t previously available in Ohio.”

Located at 2141 Overlook Road, the renovated historic home provides patients with 24/7 medically monitored care that includes behavioral exposure and therapeutic interventions aimed at self-care, anxiety management, skill development, and alternative coping mechanisms. The Emily Program – Residential equips clients with improved functionality, skills, and quality of life to continue recovery in lower levels of care and within their support system.

For more information, go to <http://www.emilyprogram.com/locations/ohio> .

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About The Emily Program

The Emily Program was founded in 1993 by Dirk Miller, PhD, LP, after his sister Emily recovered from an eating disorder. To date, The Emily Program has provided more than 4,500 clients with comprehensive treatment for eating disorders. Recognizing that one size does not fit all, The Emily Program develops a personalized care plan for its patients that incorporates medical services, individual and group therapy, nutrition, yoga and more. If you or someone you know is struggling with an eating disorder, call 1-888-EMILY-77 or visit emilyprogram.com.