Accanto Health Appoints Dr. Brad Smith as Chief Medical Officer

Renowned Physician, Psychiatrist, and Leader in Eating Disorder Treatment will Help Advance Clinical Excellence and Ensure Quality of Care

October 21, 2024 – St. Paul, MN – Accanto Health, a national leader in eating disorder specialty care and behavioral health services encompassing The Emily Program and Gather Behavioral Health, today welcomed Dr. Brad E. R. Smith, M.D., DFAPA, as its new Chief Medical Officer.

"Brad is an exceptional physician-leader with nearly 25 years of medical experience including 13 years in eating disorder care and clinical leadership," said Dr. Tom Britton, CEO of Accanto Health. "Throughout his career, Brad has demonstrated a remarkable ability to lead from his values and transform organizations by aligning heart-driven leadership with strategic clinical improvements. We are thrilled to welcome Brad to the Accanto team to guide our medical efforts and further our commitment to delivering the highest quality of care in the industry."

As Chief Medical Officer, Dr. Smith will lead Accanto's medical teams and drive excellence in patient outcomes as the organization expands its reach to support more people struggling with eating disorders.

Dr. Smith joins from Rogers Behavioral Health where, as Chief Medical Officer, his leadership had a profound impact on the organization, advancing clinical programming and patient outcomes across multiple care settings. In this role he was responsible for the care of 1,600 patients daily and managed a multidisciplinary team of over 130 providers. During his 13 years with the organization, Smith also served as Medical Director of Eating Disorder Services at Rogers Memorial Hospital, leading initiatives that significantly improved care and expanded access to more patients.

"I am honored to join Accanto Health, an esteemed leader and pioneer in the treatment of eating disorders," said Dr. Smith. "The Emily Program's reputation for clinical excellence, compassionate care, and innovation in the field is unmatched and I look forward to collaborating with its team of dedicated professionals to build on its great success."

Dr. Smith's clinical expertise spans inpatient, outpatient, and residential care settings. He earned his medical degree from the University of Wisconsin and is board-certified in both adult and forensic psychiatry. Smith served as chief resident during his psychiatry residency at the University of Wisconsin Hospitals and Clinics and completed a fellowship in forensic psychiatry at the Medical College of Wisconsin. He is also a Distinguished Fellow of the American Psychiatric Association (APA).

Beyond his leadership roles, Dr. Smith serves as an adjunct assistant clinical professor in the Department of Psychiatry and Behavioral Medicine at the Medical College of Wisconsin, where he teaches and mentors residents and fellows. He is a sought-after speaker at national conferences, presenting at events such as the National Eating Disorders Association and Multi-Service Eating Disorders Association annual meetings.

About Accanto Health

Accanto Health, based in St. Paul, Minnesota, is a national healthcare company specializing in eating disorders and other mental health conditions. The company includes leading eating disorder treatment provider, The Emily Program, and new general mental health provider, Gather Behavioral Health. With 21 locations across eight states and beyond through virtual services, Accanto Health programs provide exceptional, individualized care for children,

adolescents, and adults across the full continuum of behavioral health care in a gender-diverse and inclusive environment. If you or someone you know is struggling, call 888-364-5977 or visit accanto.com.