



The Emily Program

Personalized treatment for eating disorders.

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Emily Program Founder Honored by University of Minnesota

(Saint Paul, Minn.) Dr. Dirk A. Miller, Founder and Executive Director of The Emily Program, is among the inaugural group to receive the University of Minnesota, College of Education and Human Development's new Distinguished Alumni Award.

Miller and the other honorees will receive the award at an induction dinner on November 18 at McNamara Alumni Center on the U of M's East Bank campus in Minneapolis.

College of Education and Human Development (CEHD) Dean, Dr. Jean Quam, says the award was created to honor alumni who demonstrate achievement through learning, leadership, and passion: "All are community builders who have made a positive difference in the lives of children, youth, families, schools, institutions, and organizations."

Dr. Quam wrote Dr. Miller, stating that his award is "in recognition of your dedication to and caring for those who suffer from eating disorders through the founding of The Emily Program."

Miller earned a Masters in Public Health and PhD in Counseling Psychology from the University of Minnesota. In 1985, he developed and began operating the first comprehensive, hospital-based eating disorders treatment program in Indiana. In 1993, he opened The Emily Program as a comprehensive outpatient eating disorders treatment program, based in Saint Paul.

The Emily Program has since grown into one of the largest eating disorders treatment agencies in the country; approximately 2,800 clients receive personalized care from a staff of 180 at offices in Saint Paul, Saint Louis Park, Burnsville, Stillwater, and Duluth. It also operates the Anna Westin House, Minnesota's first residential eating disorders treatment program.

Dr. Miller says, "This honor reflects on the University as much as it does on any of us receiving it. I had fabulous mentors during my time at the U, and many of them still influence me and my work today. I'm honored by the award, and plan to accept it on behalf of all CEHD grads and my Emily Program colleagues who work so hard to foster recovery and hope in people struggling with eating disorders."

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